

Endometriosis Diagnosis Survey 2015

28th January – 18th February 2015

SURVEY FINDINGS SUMMARY

- **42.0%** of women **wait over a year before visiting their GP** about their symptoms.
- **61.8%** of woman **thought that what they are experiencing is normal** and that is why they delay their visit at GP.
- **49.9%** of women **saw their GP more than 5 times before being referred to a specialist.**
- **47.2%** of women **saw a different GP** to get a second opinion.
- **Over 50%** of participants **waited more than 4 years for a diagnosis.**
- **31%** of those who responded **received a diagnosis within two years.**
- **13%** of respondents **waited at least 10 years**, and **11% waited for over 15 years, to be diagnosed.**

SURVEY DETAILS

The survey was conducted via Survey Monkey between **28th January and 18th February 2015** and was promoted on Endometriosis UK website, Facebook page, Twitter, Health Unlocked and the Charity's e-newsletter.

- Number of Respondents: 2294
- Cleaned data: n=1949
- Average age of respondents: 33.5 years
- Average year of diagnosis by laparoscopy: 27.7 years



REASON FOR THE SURVEY

Endometriosis is the second most common gynaecological condition, and is estimated to affect around 10% women worldwide.

The condition can cause extreme pain and can therefore be debilitating for sufferers, but as symptoms vary greatly and often mimic symptoms of other diseases, it can be difficult to diagnose. Extreme fatigue is also very common. Whilst there is no cure, once diagnosed, the condition – and the painful symptoms – can be treated, with different options available depending on the patient's circumstances.

Our 2011 survey (Diagnosis Survey, Endometriosis UK 2011), showed that in the UK it took 7.5 years to get a formal diagnosis of endometriosis (via laparoscopy) from the onset of symptoms.

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